



# Explore your leadership potential within health

**Future Leaders Programme**

Think. Connect. Transform.

APPLICATIONS NOW OPEN  
[www.healthprecinct.org.nz](http://www.healthprecinct.org.nz)



**TE PAPA  
HAUORA**

*The future of health*

## Future Leaders Programme

Think. Connect. Transform.

Health systems in New Zealand are shaped, and will continue to be shaped, by health professionals who look beyond their functional roles to make it better.

We all have the capacity to lead, but we are often not exposed to exploring opportunities relating to leadership.

This course is designed to encourage you to extend your boundaries and to explore your leadership potential.

The five-day programme is built on the award-winning Xcelr8 leadership programme. You will learn about what makes the Canterbury Health System work, its key drivers and differentiators. Share a wealth of experiences from industry leaders:



Health leaders sharing their personal journey, perspectives and hopes.



Technical experts sharing their expertise on systems thinking and organisational performance.



Futurists sharing the trends that will shape our communities and work environments.



Business leaders sharing their insights and expectations of our health systems.

By the end of the course you will have a better understanding of how you can contribute to leadership, and your attributes that have the potential to shape the health system.

## Key information

- The programme is five full and consecutive days, free to students, with catering provided.
- Applicants should be health students in their final years of study.

The course will be held at:

**The Canterbury District Health Board's Design Lab and Manawa in the Health Precinct, Monday 16th to Friday 20th May, 8.30am to 4.30pm.**

### Teaching style

The learning is experiential with site visits to business, group and individual exercises, fire-side chats, guest presenters and culminates with a full-day group challenge. This is using the same structure and frameworks as the Xcelr8 leadership programme attended by senior leaders from eight DHBs for over twelve years.

### Opportunities

While you will learn much about health systems and the health, societal and business trends that will shape them in the future, you will also learn about yourself, your behavioural strengths and how best to play a role beyond the functional role you are training for.

Being a programme Alumnus will give you the connections and knowledge to prepare for your role in the health system beyond practitioner, to that of supporter and designer of future systems and services.

**For more information, or to apply visit:**

**[www.healthprecinct.org.nz/future-leaders-programme](http://www.healthprecinct.org.nz/future-leaders-programme)**

**The programme is limited to 20 students. Applications close Friday 29 April 5pm.**



## Programme Structure

*Please note that sessions and timing may change as the programme is further developed.*

### Day 1: Who Are We, and What Is Our Health System?

After orientation and introductions, this session looks at the definition of our health system, the generic framework for the health systems drivers (patient demography, geography, funding, infrastructure, culture, leadership, politics etc.) and how these can shape a system.

### Day 2: How Systems Work

You will look at some of the key system drivers close up. You will explore caring for our patients through good processes, understand Flow and the Theory of Constraint, and learn about Variation Management. You will visit a high performing manufacturer to help apply your knowledge.

### Day 3: Disruption – A World of Change

The focus of this session is on disruption and preparing for an uncertain time. How innovation and collaboration play a part, with a visit to several key innovative collaborative hubs in Christchurch. Workforce drivers, workforce dynamics, inclusion and diversity are covered with interactive sessions to bring it to life.

### Day 4: Working Differently

The value of people at the heart of thinking, patients' stories and drawing parallels between the delivery of healthcare and hospitality is covered in this session. Alliances and Partnerships are discussed with the opportunity to hear from those within Canterbury's largest alliance networks.

### Day 5: Your Future You

This interactive day is about working together to think and perform as a system. Task oriented, you will have the opportunity to design a holistic future health system applying your knowledge and thinking around the key drivers.